

# NIHR HTA PROGRAMME

## HTA Obesity Board

### Minutes of Outline Proposal Meeting, Day 1

<b>Date</b>	Tuesday 18 <sup>th</sup> May 2010
<b>Place</b>	<b>Danubius Hotel, Regents Park, London</b>
<b>Present Members</b>	<p>Professor Andrew Farmer (Chair)          Professor Hywel Williams (Deputy Chair)          Professor Tom Walley (NIHR HTA programme director)          Ms Amanda Farrin          Professor Gordon Murray          Professor Ceri Phillips          Professor Nick Wareham          Professor Jane Wardle          Dr Susan Jebb          Professor Kamlesh Khunti          Professor Jane Blazeby          Professor John Wilding          Dr Melvyn Hillsdon          Professor Nick Finer          Professor Margaret Thorogood          Professor Julian Hamilton-Shield          Dr Joanne Lord          Dr Julia Lawton          Professor Tina Lavender          Dr Anne Haase          Professor Donald Peebles          Ms Una Rennard          Mr John Chapman</p>
<b>NETSCC HTA Secretariat</b>	<p>Dr Nicholas Hicks (Consultant Advisor HTA programme)          Mrs Stephanie Russell (Senior Programme Manager)          Mrs Fay Habens (Programme Manager)          Miss Jenny Dodds (Administrative Officer)</p>
<b>Observers</b>	Ms Alison Ford, Patient and Public Involvement, NETSCC
<b>Apologies</b>	<p>Professor Barrie Margetts          Professor Donald Peebles, arrived 1pm          Professor Hywel Williams, left 1pm</p>

<b>Discussion of outline proposals</b>
<b>09/127/16: Development and exploratory evaluation of a complex intervention to enable health and social care practitioners to identify and support parents of infants at risk of developing obesity</b>
<i>Professor Farmer Chaired, Professor Williams left the room.</i>
The Board discussed the proposal and rejected it.
<b>09/127/27: Establishing a healthy growth trajectory from birth: Explanatory trial of a theory-based, multi-component intervention to reduce formula milk intake and prevent excess weight gain during infancy.</b>
<i>Professor Farmer Chaired</i>
The Board discussed the proposal and rejected it.
<b>09/127/37: Effectiveness of a self-management programme at promoting weight loss and improved glycaemic control in young adults with type 2 diabetes: a randomized controlled trial</b>
<i>Professor Farmer Chaired, Professor Khunti left the room.</i>
The Board discussed the proposal and rejected it.
<b>09/127/12: The resolution of type 2 diabetes with weight loss: a randomised controlled trial of an intensive medical weight management programme versus standard diabetes care</b>
<i>Professor Farmer Chaired, Professor Murray and Dr Lawton left the room.</i>
The Board discussed the proposal and shortlisted it. The applicants will be invited to submit a full proposal.
<b>09/127/36: Investigation of the effects of reduction in BMI or waist circumference on cardiovascular risk factors, quality of life and other obesity co-morbidities in children and adolescents</b>
<i>Professor Farmer Chaired, Professor Wardle left the room.</i>
The Board discussed the proposal and rejected it.
<b>09/127/34: A peer-support weight management programme to supplement brief advice in general practice for obese adults from deprived communities</b>

<i>Professor Farmer Chaired</i>
The Board discussed the proposal and shortlisted it. The applicants will be invited to submit a full proposal.
<b>09/127/13: Randomised control trial (RCT) of a treatment programme combining 810 kcal low calorie liquid diets (LCLD) and licensed anti-obesity medication (AOM) for management of morbid obesity in primary care</b>
<i>Professor Farmer Chaired, Professor Finer left the room.</i>
The Board discussed the proposal and rejected it.
<b>09/127/38: An evaluation of the efficacy and cost-effectiveness of GP referral to commercial slimming organisations compared to NHS run group therapy or minimal care for overweight adults</b>
<i>Professor Farmer Chaired, Ms Farrin left the room.</i>
The Board discussed the proposal and rejected it.
<b>09/127/61: Evaluation of the effectiveness of alternative strategies for weight maintenance following successful completion of the Weight Watchers programme.</b>
<i>Professor Farmer Chaired, Dr Lord left the room.</i>
The Board discussed the proposal and requested it was resubmitted as an outline proposal.
<b>09/127/26: Validation of a new obesity information guide for patient empowerment through facilitated dietetic and behaviour group therapy: a randomized controlled study.</b>
<i>Professor Farmer Chaired</i>
The Board discussed the proposal and rejected it.
<b>09/127/05: A randomised controlled trial of a yoga weight loss programme</b>
<i>Professor Farmer Chaired, Ms Farrin left the room.</i>
The Board discussed the proposal and rejected it.
<b>09/127/06: Developing an evidence based, cost effective, self referral, weight management program for overweight or obese adults in the community environment</b>
<i>Professor Farmer Chaired</i>
The Board discussed the proposal and rejected it.

<b>09/127/40: Long-term support and follow-up of participants of the CAMWEL trial of a one-to-one weight management programme.</b>
<i>Professor Farmer Chaired</i>
The Board discussed the proposal and rejected it.
<b>09/127/68: Motivational Interviewing foR the Reduction of Obesity and cardiovascular Risk (MIRROR).</b>
<i>Professor Farmer Chaired, Professor Khunti and Dr Hillsdon left the room.</i>
The Board discussed the proposal and shortlisted it. The applicants will be invited to submit a full proposal.
<b>09/127/43: Pragmatic cohort cluster randomised controlled trial of the clinical and cost effectiveness of a Financial Incentives programme for Healthy Lifestyle Adherence (FIHLA) for adults with a BMI 27.5+</b>
<i>Professor Farmer Chaired, Professor Williams left and Professor Peebles joined the meeting.</i>
The Board discussed the proposal and shortlisted it. The applicants will be invited to submit a full proposal.
<b>09/127/47: What is the evidence base for the current services provided for weight management in primary care?</b>
<i>Professor Farmer Chaired, Professor Phillips left the room.</i>
The Board discussed the proposal and rejected it.
<b>09/127/41: A randomised controlled trial evaluating the effectiveness and cost-effectiveness of Families for Health, a family-based childhood obesity management intervention delivered in a community setting for ages 7 to 11</b>
<i>Professor Farmer Chaired, Professor Thorogood and Ms Farrin left the room.</i>
The Board discussed the proposal and shortlisted it. The applicants will be invited to submit a full proposal.
<b>09/127/51: The Counterweight And Parenting Eating and Activity for Child Health Programme (CAPP) - modifying children's weight through parental intervention</b>
<i>Professor Farmer Chaired, Professor Finer left the room.</i>
The Board discussed the proposal and shortlisted it. The applicants will be invited to submit a full proposal.

<b>09/127/73: A ten year prospective study of the long-term outcomes of medical management and bariatric surgery in obese patients with Type 2 diabetes mellitus</b>
Professor Farmer Chaired, Professor Thorogood left the room.
The Board discussed the proposal and rejected it.
<b>09/127/72: A randomised controlled trial of roux-en-Y gastric bypass, adjustable gastric banding or intensive medical intervention for the long term treatment of type 2 diabetes. Free from Diabetes, Obesity and the Metabolic syndrome [The Freedom study].</b>
<i>Professor Farmer Chaired, Professor Walley, Professor Blazeby and Professor Wliding left the room.</i>
The Board discussed the proposal and shortlisted it. The applicants will be invited to submit a full proposal.
<b>09/127/03: A feasibility study for a factorial randomised controlled trial of a healthy eating and exercise intervention, delivered during pregnancy, with the aim of preventing excess weight gain and obesity</b>
<i>Professor Farmer Chaired</i>
The Board discussed the proposal and rejected it.
<b>09/127/24: An active approach to reducing weight gain and the complications of obesity in pregnancy - The Weight Antenatal Intervention Study (WAIST)</b>
<i>Professor Farmer Chaired, Professor Khunti left the room.</i>
The Board discussed the proposal and rejected it.
<b>09/127/59: TaRgeted Interventions for Obesity Management in Pregnancy and after CHildbirth (TRIOMPH): A randomised controlled trial of effectiveness with economic evaluation and acceptability analysis</b>
<i>Professor Farmer Chaired, Professor Thorogood left the room.</i>
The Board discussed the proposal and shortlisted it. The applicants will be invited to submit a full proposal.
<b>09/127/60: A pilot randomised controlled trial and economic modelling of managing obesity during pregnancy</b>
<i>Professor Farmer Chaired</i>

The Board discussed the proposal and rejected it.
<b>09/127/08: Investigating the effectiveness and cost-effectiveness of two culturally tailored complex interventions to reduce weight in overweight Indian and Pakistani origin adults: randomised controlled trial</b>
<i>Professor Farmer Chaired, Professor Murray and Dr Lawton left the room.</i>
The Board discussed the proposal and shortlisted it. The applicants will be invited to submit a full proposal.
<b>09/127/19: Primary care Obesity Web management for Efficient Routine practice (POWER) trial</b>
<i>Professor Farmer Chaired</i>
The Board discussed the proposal and shortlisted it. The applicants will be invited to submit a full proposal.
<b>09/127/48: A randomised controlled trial of active management of gastric banding in pregnancy</b>
<i>Professor Farmer Chaired, Professor Blazeby, Professor Phillips and Dr Haase left the room.</i>
The Board discussed the proposal and rejected it.
<b>09/127/01: Systematic reviews and integrated report on the quantitative and qualitative evidence base for the management of obesity in adult men</b>
<i>Professor Farmer Chaired</i>
The Board discussed the proposal and shortlisted it. The applicants will be invited to submit a full proposal.
<b>09/127/15: Tackling Obesity-Related Restrictions in Activities of Daily Living through activity programmes (TORRNADO) - a feasibility project</b>
<i>Professor Farmer Chaired, Ms Farrin, Professor Wilding and Professor Walley left the room.</i>
The Board discussed the proposal and shortlisted it. The applicants will be invited to submit a full proposal.
<b>09/127/55: Evaluation of a cycling and walking referral scheme in the London Borough of Tower Hamlets</b>
<i>Professor Farmer Chaired</i>
The Board discussed the proposal and rejected it.

<b>09/127/67: Evaluation of a GP referral scheme: Tackling issues of obesity and patient adherence</b>
<i>Professor Farmer Chaired</i>
The Board discussed the proposal and rejected it.

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### Minutes of Outline Proposal Meeting, Day 2

<b>09/127/39: A study to determine whether the effectiveness of lifestyle interventions for weight loss in overweight/obese women with Polycystic Ovary Syndrome (PCOS) improves when delivered by a dietician trained in behaviour therapy compared with standard care.</b>
<i>Professor Farmer Chaired, Professor Williams left the room.</i>
The Board discussed the proposal and rejected it.
<b>09/127/46: A randomized trial to investigate the impact of an internet-based Symptometrics PCOS Intervention Module on obesity in women with Polycystic Ovary Syndrome (PCOS).</b>
<i>Professor Farmer Chaired</i>
The Board discussed the proposal and rejected it.
<b>09/127/14: How can the potential of participation pathways in obesity prevention and treatment be maximised?</b>
<i>Professor Farmer Chaired</i>
The Board discussed the proposal and rejected it.
<b>09/127/07: Systematic review of outcome measures used to evaluate childhood obesity treatment interventions: evidence of purpose, application, validity, reliability and sensitivity</b>

<i>Professor Farmer Chaired, Ms Farrin and Dr Jebb left the room.</i>
The Board discussed the proposal and shortlisted it. The applicants will be invited to submit a full proposal.
<b>09/127/58: Weight Loss in Learning Disabilities and Obesity (WELLDO): A single-blind, randomised controlled trial of a weight loss intervention for adults with learning disabilities and obesity.</b>
<i>Professor Farmer Chaired</i>
The Board discussed the proposal and shortlisted it. The applicants will be invited to submit a full proposal.
<b>09/127/57: Cluster randomised trial comparing two alternative motivational weight-loss interventions and treatment as usual for adults with pre-diabetes in General Practice</b>
<i>Professor Farmer Chaired</i>
The Board discussed the proposal and rejected it.
<b>09/127/02: Tackling Obesity through the Baby Years (TOBY): Feasibility trial of an intervention, delivered through the Healthy Child Programme, to reduce obesity levels in preschool children.</b>
<i>Professor Williams Chaired, Professor Farmer, Professor Thorogood and Ms Farrin left the room.</i>
The Board discussed the proposal and shortlisted it. The applicants will be invited to submit a full proposal.
<b>09/127/50: A multi-centre, cluster randomised, placebo controlled trial of an interactive mobile application to help overweight adolescents achieve and maintain a healthier weight.</b>
<i>Professor Williams Chaired, Professor Farmer left the room</i>
The Board discussed the proposal and shortlisted it. The applicants will be invited to submit a full proposal.
<b>09/127/09: The measurement of health-related quality of life in overweight and obese adolescents.</b>
<i>Professor Williams Chaired, Professor Wilding, Professor Walley and Professor Wardle left the room.</i>
The Board discussed the proposal and rejected it.

<b>09/127/18: Supporting Weight management after Childbirth (SWITCH)</b>
<i>Professor Williams Chaired, professor Murray, Professor Finer and Dr Lawton left the room.</i>
The Board discussed the proposal and shortlisted it. The applicants will be invited to submit a full proposal.
<b>09/127/30: Primary prevention of childhood obesity: evaluation of a group-based antenatal and post-natal care programme for obese pregnant women: the GAPCARE trial.</b>
<i>Professor Williams Chaired, Professor Farmer and Professor Thorogood left the room.</i>
The Board discussed the proposal and shortlisted it. The applicants will be invited to submit a full proposal.
<b>09/127/64: Optimising Weight Management in Pregnancy in women with morbid obesity</b>
<i>Professor Williams Chaired, Professor Farmer left the room.</i>
The Board discussed the proposal and rejected it.
<b>09/127/71: Obesity management in older adults: critical appraisal of the evidence and synthesis of recommendations for best practice</b>
<i>Professor Farmer Chaired</i>
The Board discussed the proposal and shortlisted it. The applicants will be invited to submit a full proposal.
<b>09/127/62: Development and testing of a behaviourally-based intervention to reduce weight in obese older people</b>
<i>Professor Farmer Chaired</i>
The Board discussed the proposal and rejected it.
<b>09/127/70: Strategies for obese, infertile women to achieve weight loss and positive reproductive outcomes: clinical and cost-effectiveness</b>
<i>Professor Williams Chaired, Professor Farmer left the room.</i>
The Board discussed the proposal and rejected it.
<b>09/127/29: Developing a Dynamic Service Model for Weight Management in Severe Obesity</b>

<i>Professor Williams Chaired, Professor Wilding, Professor Walley and Professor Lavender left the room.</i>
The Board discussed the proposal and rejected it.
<b>09/127/04: Changing eating behaviours to treat childhood obesity in the community using Mandolean: the ComMando, (Community Mandolean) randomised trial.</b>
<i>Professor Williams Chaired, Professor Farmer, Professor Hamilton-Shield, Professor Blazeby and Dr Haase left the room.</i>
The Board discussed the proposal and shortlisted it. The applicants will be invited to submit a full proposal.
<b>09/127/23: Surgery versus Lifestyle Modification and Diet for Obese Women prior to pregnancy: SLIMDOWN</b>
<i>Professor Williams Chaired, Professor Farmer, Professor Murray and Dr Lawton left the room.</i>
The Board discussed the proposal and rejected it.
<b>09/127/20: A randomised trial to determine the long-term clinical effectiveness and cost-effectiveness of laparoscopic gastric bypass versus laparoscopic sleeve gastrectomy in the management of morbidly obese patients</b>
<i>Professor Williams Chaired, Professor Phillips, Professor Wilding and Professor Lavender left the room.</i>
The Board discussed the proposal and shortlisted it. The applicants will be invited to submit a full proposal.
<b>09/127/35: The impact of a bariatric rehabilitation service on weight loss and psychological adjustment.</b>
<i>Professor Williams Chaired, Professor Finer left the room.</i>
The Board discussed the proposal and rejected it.
<b>09/127/53: BY-BAND Gastric BYpass or adjustable gastric BANDING surgery to treat morbid obesity: a multi-centre randomised controlled trial.</b>
<i>Professor Williams Chaired, Professor Farmer, Professor Blazeby, Professor Hamilton Shield, and Dr Haase left the room.</i>
The Board discussed the proposal and shortlisted it. The applicants will be invited to submit a full proposal.

**09/127/66: A multi-centre assessment of different forms of bariatric surgery in the UK; measuring outcome and quality of life following different surgical interventions.**

*Professor Williams Chaired, Ms Farrin left the room.*

The Board discussed the proposal and rejected it.

**Close of meeting**